



Welcoming 2012

Before welcoming the New Year I took some time to reflect on 2011. And what a year it was!

Professionally, I had the opportunity to travel around the country in the second part of the year delivering over 20 workshops. I also had the opportunity to serve, support and guide many others on their journey through 2011 - a role that I hold dear to my heart and am humbled by!


My personal journey was filled with great change, release and growth. So much so that "letting go" or "surrendering" seemed to be the standout themes for me in 2011. Trusting my inner wisdom and guidance (something we all have) in times that held uncertainty led me through a year of transformational change and learning.

As I tune into the year ahead the theme I hope to resonate more with is "passion". Inspired by the book "Conversations With God", below is an excerpt that has prompted this and that I hope inspires many of you.

"Passion is the love of turning being into action. It fuels the engine of creation. It changes concepts to experience. Passion is the fire that drives us to express who we really are. Never deny passion, for that is to deny Who You Are and Who You

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Reiki workshop dates

Reiki I - Wednesday 25th
January

Reiki I - Sunday 26th February

Reiki II - Monday 23rd and
Sunday 29th January

Truly Want to be."

Reiki III - tba

Action, creation, expression... may passion help unlock these for your in 2012 so that your experiences are enriched and fulfilling.

Love and blessings,
Matt

Drum making workshop

Over 10 years ago I made my own rawhide drum and was introduced to the power of drumming with Native American descendant, Richard Little Feather. Throughout the world indigenous cultures have used the drum as a tool for communication, music, ritual and healing. This workshop takes you on a journey of self-discovery - the discovery of your spiritual connection to the drum!

Details:

When - Friday 16th to Sunday 18th March

Where - "The Grove" Wisemans Ferry

Cost - \$325

*Booking essential via Katrina Simmons on 0404832813

Learn more about Richard Little Feather and his love of drumming workshops on <http://www.youtube.com/watch?v=Mq1i2M3XrFs>

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